My Symptom Tracker

You can use this to help keep track of your symptoms and how often they occur **over the course of one month.**Check the circle next to each symptom that applies to you.

Month									
Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
Date							ĺ		
Symptom		plete list of all poss our physician imme		you're experiencii	ng severe symptor	ms that require med	dical attention,		
Fatigue	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never		
Tiredness	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never		
Feeling full too quickly	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	Often Sometimes Never	OftenSometimesNever	Often Sometimes Never		
Pain under ribs on left side	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never						
Abdominal discomfort	Often Sometimes Never	Often Sometimes Never							
Night sweats	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never		
Itching	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never		
Bone pain	OftenSometimesNever	OftenSometimesNever	Often Sometimes Never	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never		
Date									
Fatigue	Often Sometimes Never	Often Sometimes Never							
Tiredness	Often Sometimes Never	Often Sometimes Never							
Feeling full too quickly	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never		
Pain under ribs on left side	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never		
Abdominal discomfort	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	Often Sometimes Never	OftenSometimesNever	Often Sometimes Never		
Night sweats	Often Sometimes Never	Often Sometimes Never							
Itching	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never		
Bone pain	Often Sometimes Never	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never		

My Symptom Tracker (cont'd)

You can use this to help keep track of your symptoms and how often they occur **over the course of one month.**Check the circle next to each symptom that applies to you.

Month							
Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Date							<i>'</i>
Symptom				you're experienci	ng severe symptor	ns that require me	dical attention,
Fatigue	Often Sometimes Never	Our physician imme Often Sometimes Never	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never
Tiredness	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never
Feeling full too quickly	Often Sometimes Never						
Pain under ribs on left side	OftenSometimesNever	Often Sometimes Never	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	Often Sometimes Never
Abdominal discomfort	Often Sometimes Never	Often Sometimes Never	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never
Night sweats	OftenSometimesNever	Often Sometimes Never	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	OftenSometimesNever	Often Sometimes Never
Itching	OftenSometimesNever	Often Sometimes Never	OftenSometimesNever	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never
Bone pain	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never
Date							
Fatigue	OftenSometimesNever						
Tiredness	Often Sometimes Never	Often Sometimes Never	OftenSometimesNever	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never
Feeling full too quickly	Often Sometimes Never	OftenSometimesNever	Often Sometimes Never				
Pain under ribs on left side	Often Sometimes Never						
Abdominal discomfort	Often Sometimes Never	OftenSometimesNever	Often Sometimes Never	OftenSometimesNever	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never
Night sweats	Often Sometimes Never						
Itching	Often Sometimes Never	OftenSometimesNever	Often Sometimes Never				
Bone pain	Often Sometimes Never	OftenSometimesNever	Often Sometimes Never	OftenSometimesNever	Often Sometimes Never	Often Sometimes Never	Often Sometimes Never

